



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast
<b>MORNING TEA</b>	Seasonal Fresh Fruit with Milk	Corn Fritters with Milk	Seasonal Fresh Fruit with Milk	Seasonal Fresh Fruit with Milk	Seasonal Fresh Fruit with Milk
<b>INGREDIENTS</b>		Vegetables, Cheese, Flour, Milk, Eggs			
<b>LUNCH</b>	Sandwiches	Rosemary Lamb Stew with Wholemeal Bread	Chili Con Carne with Rice	Chicken and Sundried Tomato Risotto	Beef Stroganoff
<b>INGREDIENTS</b>	Assorted	Lamb, Vegetables, Stock, Bread, Margarine	Beef, Kidney Beans, Vegetables, Sour Cream, Cheese, Rice	Chicken, Tomatoes, Parmesan Sauce, Arborio Rice	Beef, Vegetables, Stock, Sour cream, Pasta
<b>AFTER LUNCH</b>	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth
<b>AFTERNOON TEA</b>	Plum Cake with Milk	Seasonal Fresh Fruit with Milk	Pinwheels with Milk	Pita Chips and Dips with Milk	Mixed Berry Yogurt with Milk
<b>INGREDIENTS</b>	Plums, Flour, Milk, Eggs, Oil, Sugar		Assorted	Toasted Pita Bread, Tzatziki, Hummus	Greek Yogurt, Berries, Sugar
<b>LATE SNACK</b>	Daily Selection	Daily Selection	Daily Selection	Daily Selection	Daily Selection